



**Sri Chamundeshwari Medical College,
Hospital and Research Institute**
Channapatna Taluk, Ramnagar District



Department of Community Medicine
Report on Universal Health Coverage Day Programme
Date: December 27, 2023

Universal Health Coverage (UHC) Day is observed annually on December 12th to advocate for the importance of accessible and affordable health care for everyone, everywhere. It emphasizes the need for healthcare equity, promoting health for all, and ensuring that everyone receives the care they need without financial strain.

On December 27, 2023, a significant program was conducted at the Kadhalur Primary Health Center (PHC) by the department of Community Medicine to commemorate UHC Day. The event aimed to raise awareness among the staff and 30 anganwadi workers regarding the significance of UHC and various aspects related to healthcare and healthy living.

Dr. Bhargavi B.P, the Medical Officer of PHC Kadhalur, commenced the event with a warm welcome and set the tone for the day. Ms.Chandini provided insights into the facilities available at the Sri Chamundeshwari Medical College, emphasizing healthcare resources and opportunities for the community.

Dr. Manuja, Associate professor, Community Medicine, addressed various facets of healthy living including dietary habits, work ethics, exercise, and nurturing positive emotions. She conducted a demonstration on "how to eat" using Chikki, imparting practical knowledge on balanced eating habits.

Community Medicine Interns from SCMCH creatively demonstrated proper hand washing techniques through a dance performance, promoting hygiene and disease prevention. The event concluded with an interactive Q&A session where attendees could seek clarifications, followed by gathering feedback to assess the program's effectiveness.

This programme played a pivotal role in educating and empowering healthcare and community workers about essential aspects of healthcare, healthy living, and hygiene practices. Through engaging presentations, interactive demonstrations, and participatory discussions, the event equipped the participants with practical knowledge and tools to promote better health practices within their communities. Programme ended with vote of thanks.