

Report on World Tuberculosis Day 2024

Introduction:

World Tuberculosis (TB) Day is commemorated each year on March 24th to highlight the global burden of TB and to renew commitments to end the epidemic. It is the anniversary of the day in 1882 when the Mycobacterium tuberculosis was first discovered. TB remains one of the world's deadliest infectious diseases, causing immense suffering and claiming millions of lives every year.

Theme:

The theme for this year's World TB Day was **'Yes! We can end TB!'** – conveys a message of hope that getting back-on-track to turn the tide against the TB epidemic is possible through high level leadership, increased investments, and faster uptake of new WHO recommendations.

Objectives:

To raise public awareness about the devastating health, social and economic consequences of tuberculosis (TB) and to step up efforts to end the global TB epidemic.

Activities:

1. Health education at Govt Women's Degree College, Maddur
Date: 23.04.2024, Time: 11 AM – 12 PM Audience: Degree college students (around 80) & teachers (6) Faculty: Dr Amulya N, Ms Chandini & FMGs Content: <ol style="list-style-type: none">1. Talk on Burden of Tuberculosis in India, Transmission, Diagnosis, Prevention & Control, Social responsibilities of citizens towards ending TB epidemic, by Dr Amulya N2. Demonstration of Cough etiquette & hand washing by FMGs
2. NIKSHAY DIVAS in Yelethotadahalli RHTC
Date: 24.04.2024, Time 10.30 AM – 11.30 AM Audience: Outpatients & patient attenders (around 40) Faculty: Dr Amulya N, Ms Chandini & FMGs along with RHTC staff Details: <ol style="list-style-type: none">1. Health talk by Dr Amulya N on transmission, diagnosis, treatment & prevention of Tuberculosis. Also discussed cash incentives & nutrition benefits provided by the government for TB patients, TB Mukth Gram Panchayat initiative, emphasized social responsibilities of citizens to end TB.2. Medical Officer & PHC staff distributed nutrition supplements for TB patients provided under NTEP

Conclusion:

By educating individuals and communities about TB transmission, symptoms, prevention, and treatment, we can work towards reducing the burden of this disease and improving global health outcomes.