

WORLD HYPERTENSION DAY– 2024, an initiative by Sri Chamundeswari Medical College and Hospital.

In order to create awareness about hypertension, a leading risk factor for death and disability, World Hypertension League initiated 17th May as World Hypertension Day worldwide. It aims to motivate global action to combat high blood pressure. This year, the theme is a call to “Measure Your Blood Pressure Accurately, Control It, Live Longer.”

More than half of the people in the world living with hypertension are unaware of this condition which is a major cause of cardiovascular disease and premature deaths worldwide.

We are grateful to the Department of General Medicine, SCMCH&RI, for organizing World Hypertension Day on June 12, 2024, at the ACS Auditorium, SCMCH&RI.

The program commenced with a welcome address by Dr. Arundhati. R. Chitnis, followed by inauguration by Principal Dr. Pravin G. U and Vice Principal Dr. Nanjaraj.

A series of informative lectures were delivered by distinguished speakers:

- Dr. Mohan Goudar, HOD of the Department of General Medicine, on "Classification and Risk Factors of Hypertension."
- Dr. K. A. Sudharshan Murthy, former Professor and HOD of JSS Medical College, Mysore, on "Management of Hypertension."
- Dr. Manohar, Associate Professor at Mandya Institute of Medical Science, on "Hypertension in Pregnancy."
- Prof. Dr. Bhanu Kumar, JSS Medical College, Mysore, on "Complications of Hypertension."

- Dr. Supriya B. N, Assistant Professor, on "Hypertensive Retinopathy."
- Dr. Manjula L. M, Associate Professor, on "Lifestyle Modifications."
- Dr. Shrunga, Assistant Professor, on "Radiological Features in Hypertension."

Over 150 delegates registered for the program, which concluded with the felicitation of all speakers with mementos and a vote of thanks delivered by Dr. Vinay. R. B.

Promoting health awareness is crucial. Kudos to the Department of General Medicine, SCMCH&RI, for their efforts on World Hypertension Day.